

April 2018

"If you eat healthy and play, it'll keep the doctor away!"
 - Winning slogan by Brandon at the Laboratory Charter School

Lunch ELEMENTARY

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

MONDAY

No School

2

269 Mini Corn Dog with Chicken
Nuggets & Potato Rounds
611 Bagged Baby Carrots
545 Cranberry Orange Hummus
694 Kiwi Strawberry Sidekick

9

282 Chicken Fries with Tri-Tators
603 Maple Baked Beans
670 Fresh Fruit

16

272 Four Cheese Panini OR
914 Hamburger Bun
611 Bagged Baby Carrots
545 Cranberry/Orange Hummus
670 Fresh Fruit

23

TUESDAY

217 Teriyaki Chicken with Rice
635 Calypso Crush Vegetable Juice
624 Garlic Butter Green Beans
670 Fresh Fruit
914 Hamburger Bun

3

273 Rotini Bake
908 Dinner Roll

10

201 Cheeseburger
634 Hash Browns
631 Cherry Star Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

17

269 Mini Corn Dog with Chicken
Nuggets & Potato Rounds
914 Hamburger Bun
624 Garlic Butter Green Beans
749 Apple Cherry Juice

24

WEDNESDAY

205 Popcorn Chicken
634 Hash Browns
631 Cherry Star Vegetable Juice
685 Hip Hoppin' Water Ice
993 Easter Bunny Cookie

4

264 4x6" Cheese Pizza
634 Hash Browns
697 Bagged Apple Slices

11

234 Chicken Tenders with
Potato Wedges
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
991 "Despicable Me" Grahams

18

294 Meatballs with Sauce
631 Cherry Star Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

25

THURSDAY

282 Chicken Fries with Tri-Tators
603 Maple Baked Beans
685 Blue Razz Fruit Freeze
Water Ice

5

251 Chicken Nuggets
914 Hamburger Bun
708 Romaine Salad with Spinach
& Chickpeas
653 Fresh Mango
532 Keebler Scooby Snacks

12

273 Rotini Bake
641 Fresh Pineapple OR
903 Maple Biscuits
901 Honey Biscuits

19

205 Popcorn Chicken
708 Romaine Salad with
Spinach & Chickpeas
670 Fresh Fruit
904 Wheat Bread

26

FRIDAY

252 Cheeseburger Mac &
903 Maple Biscuit
706 Romaine Salad with
Cherry Tomatoes
752 Fruit Punch Juice

6

272 Four Cheese Panini
622 Marinara Sauce
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
929 Keebler Elf Grahams

13

265 Chicken Ranch Flatbread
Pizza
706 Romaine Salad with
Cherry Tomatoes
670 Fresh Fruit
992 Oatmeal Cookie

20

264 4x6" Cheese Pizza
634 Hash Browns
670 Fresh Fruit

27

facebook.com/NDSSSchoolLunchProgram
www.nutritionaldevelopmentservices.org

222 North 17th Street • Philadelphia, PA 19103 • 215-895-3470

Archdiocese of Philadelphia

instagram.com/SchoolMealsNDS
twitter.com/SchoolMealsNDS