

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

# February 2018

"Fill your cart for a healthy heart!"  
- Winning slogan by Ein at Our Lady of Port Richmond School

## Lunch ELEMENTARY

**Nutritional Development Services**  
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

**PLEASE READ CAREFULLY** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

### MONDAY

- 289 Pancakes with Sausage
- 634 Hash Browns
- 635 Calypso Crush Vegetable Juice
- 670 Fresh Fruit

5

### TUESDAY

- 282 Chicken Fries with Tr-Tators
- 611 Bagged Baby Carrots
- 670 Fresh Fruit
- 991 "Despicable Me" Honey Grahams

6

### WEDNESDAY

- 201 Cheeseburger
- 636 Fiesta Corn
- 603 Maple Baked Beans
- 752 Fruit Punch Juice
- 914 Hamburger Bun

7

### THURSDAY

- New** 265 Chicken Ranch Flatbread Pizza
- 706 Romaine Salad with Cherry Tomatoes
- 749 Apple Cherry Juice
- 990 Chocolate Chip Cookie

8

### FRIDAY

- 255 Cheese Stuffed Breadsticks
- 682 Marinara Sauce
- 631 Cherry Star Vegetable Juice
- 670 Fresh Fruit

9

- 271 Spaghetti with Meatballs
- 670 Fresh Fruit
- 903 Maple Biscuits

12

- 234 Chicken Tenders with Potato Wedges
- 631 Cherry Star Vegetable Juice
- 695 Strawberry & Mango Sidekick

13

- 410 Toasted Cheese Sandwich
- 611 Bagged Baby Carrots
- 540 Garlic Hummus
- 685 Cherry Sweet Heart Water Ice
- 993 Heart Cookie

14

- New** 233 Popcorn Chicken with Sweet & Sour Broccoli
- 704 French Fries
- 752 Fruit Punch Juice
- 910 Ciabatta Bread

15

- School Holiday!

16

- President's Day! School Holiday!

19

- 217 Teriyaki Chicken with Rice
- 635 Calypso Crush Vegetable Juice
- 624 Garlic Butter Green Beans
- 670 Fresh Fruit
- 914 Hamburger Bun

20

- 253 Hot Dog with French Fries & 907 Hot Dog Bun
- 603 Maple Baked Beans
- 670 Fresh Fruit

21

- 205 Popcorn Chicken
- 634 Hash Browns
- 631 Cherry Star Vegetable Juice
- 670 Fresh Fruit
- 904 Wheat Bread

22

- 208 Fish Fillet
- 706 Marinara Sauce with Cherry Tomatoes
- 752 Fruit Punch Juice
- 914 Hamburger Bun

23

- 234 Chicken Tenders with Potato Wedges
- 611 Bagged Baby Carrots
- 542 Pumpkin OR 545 Cranberry Orange Hummus
- 694 Kiwi & Strawberry Sidekick

26

- 273 Rotini Bake
- 750 Apple Juice
- 908 Dinner Roll

27

- 264 4x6" Cheese Pizza
- 634 Hash Browns
- 697 Bagged Apple Slices

28

- 207 Rib-B-Que & 914 Hamburger Bun
- 708 Romaine Salad with Spinach and Chickpeas
- 670 Fresh Fruit
- 932 Keebler Scooby Snacks

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- 272 Four Cheese Panini
- 682 Marinara Sauce
- 635 Calypso Crush Vegetable Juice
- 670 Fresh Fruit
- 932 Keebler Scooby Snacks

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www.nutritionaldevelopmentservices.org

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