



Sample Letter to all parents in a classroom with students with food allergies

Dear Families,

This year we welcome several students to our classrooms with food allergies. We invite your help and cooperation to help them stay safe.

We have students who are allergic to _____ different foods or food groups. Reactions range from mild to life threatening. There are several practices that will be in place to help prevent allergic reactions:

1. Students will wash their hands upon arrival to the classroom and again before and after lunch.
2. All ____ grade rooms will be designated as (peanut /tree nut) allergy aware spaces. There will be no classroom projects with peanut butter or peanut shells. Please do not send any of these projects into the classroom with your child.
3. Parents who will send a lunch from home for their child are free to pack the foods of their choice. It is our hope that families CHOOSE not to send foods containing peanut butter or nuts.
4. There will be special days and occasions that students may want to bring a snack to share. Please call _____ for "allergy safe" suggestions. Or, consider sending/donating a book or game to the class in your child's name.

We look forward to working together with you to have a wonderful year in _____ grade. If you have any questions regarding our allergy aware room, please call us at _____ .

Sincerely,

(Teachers Names)

(Principal's name)

(School Nurse's name)

