

Name: _____ Grade: _____

Lunch ELEMENTARY

"With all your might, eat right!"
- Winning slogan by Briana of St. Joseph Pro-Cathedral School

January 2018

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

Monday

8

- 222 Sliced Turkey with Stuffing and Mashed Potatoes
- 629 Corn & Carrots
- 695 Strawberry Mango Sidekick
- 901 Honey Biscuits

15

Martin Luther King Jr. Day

22

- 273 Rotini Bake
- 684 Watermelon Applesauce
- 908 Dinner Roll OR
- 901 Honey Biscuits

29

- 203 Mac & Cheese
- 611 Bagged Baby Carrots
- 542 Harvest Pumpkin Hummus OR
- 545 Cranberry Orange Hummus
- 670 Fresh Fruit

Tuesday

9

- 264 4x6" Cheese Pizza
- 631 Cherry Star Vegetable Juice
- 670 Fresh Fruit

16

- 289 Pancakes with Sausage
- 635 Calypso Crush Vegetable Juice
- 634 Hash Browns
- 670 Fresh Fruit

23

- 234 Chicken Tenders with Potato Wedges
- 603 Maple Baked Beans
- 670 Fresh Fruit

30

- 205 Popcorn Chicken
- 704 French Fries
- 752 Fruit Punch Juice
- 991 "Despicable Me" Graham Crackers

Wednesday

10

- 269 Mini Corn Dog with Chicken Nuggets & Potato Rounds
- 603 Maple Baked Beans
- 752 Fruit Punch Juice
- 990 Chocolate Chip Cookie

17

- 294 Meatballs with Sauce
- 624 Mediterranean Green Beans
- 750 Apple Juice
- 907 Hot Dog Bun OR
- 914 Hamburger Bun

24

- 210 Cheeseburger
- 704 French Fries
- 749 Apple Cherry Juice
- 914 Hamburger Bun

31

- 275 BBQ Chicken Fillet & 914 Hamburger Bun
- 634 Hash Browns
- 631 Cherry Star Vegetable Juice
- 670 Fresh Fruit

Thursday

11

- 210 Crispy Chicken Fillet & bun
- 706 Romaine Salad with Cherry Tomatoes
- 670 Fresh Fruit

18

- 276 BBQ Chicken Fajita
- 631 Cherry Star Vegetable Juice
- 696 Raisins
- 900 Panini Bread OR
- 914 Hamburger Bun

25

- 264 4x6" Cheese Pizza
- 706 Romaine Salad with Cherry Tomatoes
- 670 Fresh Fruit

7

- 262 Sausage Beef Pizza
- 708 Romaine Salad with Chickpeas
- 749 Apple Cherry Juice
- 929 Keebler Elf Graham

Friday

12

- 271 Spaghetti with Meatballs
- 687 Happy Birthday Rosati Water Ice
- 908 Dinner Roll

19

- 218 Mozzarella Pinwheel
- 708 Romaine Salad with Chickpeas
- 670 Fresh Fruit
- 991 "Despicable Me" Graham Crackers

26

- 211 Sloppy Joe
- 635 Calypso Crush Vegetable Juice
- 647 Dole Mandarin Oranges
- 914 Hamburger Bun OR
- 910 Ciabatta Bread

2

- 218 Mozzarella Pinwheel
- 682 Marinara Sauce
- 635 Calypso Crush Vegetable Juice
- 640 Red Seedless Grapes

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Archdiocese of Philadelphia
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