



Nutritional Development Services
Archdiocese of Philadelphia
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Dear Parents and Guardians,

Greetings from Nutritional Development Services (NDS)!

Our office is the school lunch sponsor for Catholic Schools throughout the Archdiocese. It has been our mission to provide healthy school meals to the children of the Philadelphia area for over 40 years. Many changes have been made to the National School Breakfast and Lunch Programs over that time. School meals have evolved and improved in many ways to give your child the nutrients he or she needs to develop and learn.

For example - over the last two years, many wonderful and colorful fruits and vegetables have been added to the lunch menu. In support of your efforts at home to expand your child's palate, students are offered nutrient dense fresh produce, 100% fruit and vegetable juices, and more variety than ever. Many of these are locally grown.

I am writing to you today to bring you good news.

- We are able to offer **lunch to all students at no cost** this year starting on November 13, 2017.

For information, menus, news, and testimonials, visit the NDS webpage and the school meals Facebook page at the addresses below.

If your child has special dietary needs, please contact our office and speak to our Registered Dietitian, Jean Falk. She may need you to review and/or complete a [form](#) so she can best assist your family.

As always, your feedback is most welcome. We are grateful for this new partnership we have with Mother of Providence School and we are proud to be part of the healthy development of your child. If you have any questions, please contact us at the number above.

Sincerely,
Erinn Hill
Director
School Lunch and Breakfast Program

www.nutritionaldevelopmentservices.org
www.facebook.com/NDSSchoolLunchProgram